

COLD THERAPY

Just as with heat, the proper application of cold temperatures has therapeutic benefits, especially in treating acute injuries. Oftentimes, alternating the application of cold and hot temperatures aids in pain relief and reduces muscle spasms. Whitehall® Glacier Packs, regulated to a proper cold temperature by Glacier Freeze Chilling units, are applied to the body for fast and effective cold therapy.

Cold application is thought to create a muscle guarding effect that constricts damaged tissue and prevents further damage. Cold temperatures also result in vasoconstriction, which narrows blood vessels and reduces swelling.



The Little Freeze is just the tip of the iceberg. This unit comes standard with specially designed shelves that facilitate the easy removal of the four included glacier packs. The bottom shelf has spaces for four ice cups (cups not included). It performs the same big chill as the Glacier Freeze in one small, economical unit.



Model

Little Freeze	LF-4
A - length - in (mm)	20-1/4 (514)
B - width - in (mm)	18-1/2 (470)
C - height - in (mm)	19-1/2 (495)
includes	4 standard size Glacier Packs

Model LF-4

Little Freeze chilling unit

